

# Early Days Workshops | Term 4, 2020

Early Days workshops are run throughout the year for parents and informal (unpaid) carers of young children, aged 0 to 6 years, who have recently been diagnosed with Autism Spectrum Disorder (ASD), or referred for an assessment. Workshops are held in small groups to give parents the opportunity to meet other parents. These workshops are **FREE** to attend and refreshments are provided.

Unfortunately childcare is not available; except at MyTime Sessions.

## What does each workshop cover?

### My Child and Autism

- Understanding Autism Spectrum Disorder (ASD).
- What ASD looks like for your child and your family.
- How you can make a difference.
- Navigating Early Intervention and funding options.

### Progression to school

- The importance of working as a transition team.
- Tips and ideas to help you ready your child for school.
- Funding options.

### Encouraging interaction through play & social learning

- What is social interaction.
- Benefits of play.
- Ways to support social interactions and play skills.

### Understanding Behaviour

- Understanding your child's behaviour.
- Teaching your child a new, more functional behaviour.
- Developing techniques to promote positive behaviour.

### Developing my child's independence skills

- Understanding why everyday self-care skills can be hard for a child with ASD.
- Teaching strategies for all skills.
- Tips for specific skill areas i.e. eating, sleeping, toileting etc

### Helping my child cope with change

- Understanding why change is hard and how it impacts on young children with ASD.
- Strategies for preparing for change in everyday situations.

## How do I register?

### Registrations are essential!

A separate registration will be required for each person attending. Registration can be completed:

- Online at: [www.autism.org.au/training](http://www.autism.org.au/training)
- Via email to [early.days@autism.org.au](mailto:early.days@autism.org.au)
- Or call (08) 6380 5500.

## What's on in Term 4?

Date	Day	Event	Location	Time
24/10/2020	Saturday	My Child & Autism	East Fremantle	9.30am - 2.30pm
27/10/2020	Tuesday	WEBINAR: Progression to school	Online	6.00pm - 9.00pm
29/10/2020	Thursday	WEBINAR: My Child & Autism	Online	9.30am - 12.30pm
03/11/2020	Tuesday	Encouraging interaction through play and social learning	Waikiki	9.30am - 12.30pm
07/11/2020	Saturday	My Child & Autism for Dads	Joondalup	9.30am - 2.30pm
02/11/2020	Monday	MyTime Understanding Behaviour Part 1	Gosnells	9.30am - 11.30am
16/11/2020		MyTime Understanding Behaviour Part 2		
13/11/2020	Friday	Progression to school	Cannington	9.00am - 12.00pm
17/11/2020	Tuesday	Developing my child's independence skills	Waikiki	9.30am - 12.30pm
21/11/2020	Saturday	Understanding Behaviour	East Fremantle	9.30am - 2.30pm
03/12/2020	Thursday	WEBINAR: Helping my child cope with change	Online	9.30am - 12.30pm
05/12/2020	Saturday	My Child & Autism	Midland	9.30am - 2.30pm

*Webinars will be delivered using Zoom software, which means that you are able to participate in this training session in the comfort of your own home. Please note, in order to access this webinar, there are minimum system requirements and supported operating systems. For more information, please contact us or visit the following link: <https://support.zoom.us/hc/en-us/articles/201362023-System-Requirements-for-PC-Mac-and-Linux>*