

# Heart Beat Club

## First Aid



As a parent, it's essential to learn CPR and first aid skills so that you can respond in an emergency.

This course covers:

- Cardiac Pulmonary Resuscitation (CPR)
- First aid for common childhood injuries such as choking, poisoning and burns.

*For parents and carers of children under 5 years old.*

Please note, to practice CPR, you need to be able to kneel for extended periods of time during this workshop. It is also recommended that you wear comfortable clothing that does not restrict your movement.

**Date:** Tuesday 27 October 2020

**Time:** 12.00pm to 2.30pm

**Venue:** St Munchin's Primary School, 1 Isdell Place, Gosnells

**To register:** Call 9398 8720 or **Email:** [CPCGosnells@centrecare.com.au](mailto:CPCGosnells@centrecare.com.au)

**Bookings Essential**  
**Crèche Available**

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