

TERM 1 2019 CALENDAR

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10
	4 February	11 February	18 February	25 February	4 March	11 March	18 March	25 March	1 April	8 April
Monday	9.00am to 11.00am My Time 3.00pm to 6.00pm Autism WA	9.00am to 11.00am My Time 3.00pm to 6.00pm Autism WA	9.00am to 11.00am My Time 12.30pm to 2.30pm Triple P - Power of Positive Parenting 3.00pm to 6.00pm Autism WA	9.00am to 11.00am My Time 12.30pm to 2.30pm Triple P - Raising Resilient Children 3.00pm to 6.00pm Autism WA	LABOUR DAY PUBLIC HOLIDAY	9.00am to 11.00am My Time 12.30pm to 2.30pm Protective Behaviours 3.00pm to 6.00pm Autism WA	9.00am to 11.00am My Time 3.00pm to 6.00pm Autism WA	9.00am to 11.00am My Time 12.30pm to 2.30pm Who's the Boss? 3.00pm to 6.00pm Autism WA	9.00am to 11.00am My Time 3.00pm to 6.00pm Autism WA	9.00am to 11.00am My Time 12.30pm to 2.30pm Mindful Parenting 3.00pm to 6.00pm Autism WA
	5 February	12 February	19 February	26 February	5 March	12 March	19 March	26 March	2 April	9 April
Tuesday	3.00pm to 6.00pm Young Explorers Autism WA	9.30am to 11.30am Positive Discipline in Everyday Parenting 3.00pm to 5.00pm Park Play (Sutherlands Park) 3.00pm to 6.00pm Young Explorers Autism WA	9.30am to 11.30 Positive Discipline in Everyday Parenting 3.00pm to 6.00pm Young Explorers Autism WA	9.30am to 11.30 Positive Discipline in Everyday Parenting 3.00pm to 6.00pm Young Explorers Autism WA	9.30am to 11.30 Positive Discipline in Everyday Parenting 3.00pm to 6.00pm Young Explorers Autism WA	9.30am to 11.30 Positive Discipline in Everyday Parenting 3.00pm to 5.00pm Park Play (Sutherlands Park) 3.00pm to 6.00pm Young Explorers Autism WA 6.00pm to 8.00pm Community Cuppa	9.30am to 11.30 Positive Discipline in Everyday Parenting 3.00pm to 6.00pm Young Explorers Autism WA	9.30am to 11.30am Love Languages for Children 3.00pm to 6.00pm Young Explorers Autism WA	9.30am to 11.30am Love Languages for Children 3.00pm to 6.00pm Young Explorers Autism WA	9.30am to 11.30am Parenting One Moment at a Time 3.00pm to 5.00pm Park Play (Sutherlands Park) 3.00pm to 6.00pm Young Explorers Autism WA
	6 February	13 February	20 February	27 February	6 March	13 March	20 March	27 March	3 April	10 April
Wednesday	12.30pm to 2.30pm Playtime Playgroup	9.15 to 2.15pm Immunisation Clinic 12.30pm to 2.30pm Playtime Playgroup	9.00am to 10.30am Sing&Grow 12.30pm to 2.30pm Playtime Playgroup	9.00am to 10.30am Sing&Grow 9.15 to 2.15pm Immunisation Clinic 12.30pm to 2.30pm Playtime Playgroup	9.00am to 10.30am Sing&Grow 12.30pm to 2.30pm Playtime Playgroup	9.00am to 10.30am Sing&Grow 9.15 to 2.15pm Immunisation Clinic 12.30pm to 2.30pm Playtime Playgroup	9.00am to 10.30am Sing&Grow 12.30pm to 2.30pm Playtime Playgroup	9.00am to 10.30am Sing&Grow 9.15 to 2.15pm Immunisation Clinic 12.30pm to 2.30pm Playtime Playgroup	9.00am to 10.30am Sing&Grow 12.30pm to 2.30pm Playtime Playgroup	9.00am to 10.30am Sing&Grow 9.15 to 2.15pm Immunisation Clinic 12.30pm to 2.30pm Playtime Playgroup
	7 February	14 February	21 February	28 February	7 March	14 March	21 March	28 March	4 April	11 April
Thursday	9.00am to 11am Multicultural Playgroup 2.00pm to 2.30pm Baby Rhyme Time	9.00am to 11am Multicultural Playgroup 2.00pm to 2.30pm Baby Rhyme Time	9.00am to 11am Multicultural Playgroup 2.00pm to 2.30pm Baby Rhyme Time	9.00am to 11am Multicultural Playgroup 2.00pm to 2.30pm Baby Rhyme Time	9.00am -11am Multicultural Playgroup 2.00pm -2.30pm Baby Rhyme Time	9.00am to 11am Multicultural Playgroup 2.00pm to 2.30pm Baby Rhyme Time	9.00am to 11am Multicultural Playgroup 2.00pm to 2.30pm Baby Rhyme Time	9.00am to 11am Multicultural Playgroup 2.00pm to 2.30pm Baby Rhyme Time	9.00am to 11am Multicultural Playgroup 2.00pm to 2.30pm Baby Rhyme Time	9.00am to 11am Multicultural Playgroup 2.00pm to 2.30pm Baby Rhyme Time
	8 February	15 February	22 February	1 March	8 March	15 March	22 March	29 March	5 April	12 April
Friday	10.00am to 12.00pm Moorditj Kulunga Playgroup 1.00pm to 2.30pm Child Health Drop-In	10.00am to 12.00pm Moorditj Kulunga Playgroup 1.00pm to 2.30pm Child Health Drop-In	10.00am to 12.00pm Moorditj Kulunga Playgroup 1.00pm to 2.30pm Child Health Drop-In	10.00am to 12.00pm Moorditj Kulunga Playgroup 1.00pm to 2.30pm Child Health Drop-In	10.00am to 12.00pm Moorditj Kulunga Playgroup 1.00pm to 2.30pm Child Health Drop-In	10.00am to 12.00pm Moorditj Kulunga Playgroup 1.00pm to 2.30pm Child Health Drop-In	10.00am to 12.00pm Moorditj Kulunga Playgroup 1.00pm to 2.30pm Child Health Drop-In	10.00am – 12.00pm Moorditj Kulunga Playgroup 1.00pm – 2.30pm Child Health Drop-In	10.00am – 12.00pm Moorditj Kulunga Playgroup 1.00pm – 2.30pm Child Health Drop-In	10.00am – 12.00pm Moorditj Kulunga Playgroup 1.00pm – 2.30pm Child Health Drop-In

Bookings essential for all activities except playgroups.

Baby Rhyme Time

Songs, stories and rhymes for families with babies under 12 months.

Sing and Grow

8 week music therapy program for families with children 0 -4yrs

Playtime Playgroup

Playgroup for children aged 0-4yrs.

Please bring a piece of fruit to share. Bookings not required.

Multicultural Playgroup

Playgroup for children aged 0-4yrs.

Please bring a piece of fruit to share. Bookings not required.

Moorditj Kulunga Playgroup

The Aboriginal Health Team welcomes parents/carers with children aged 0 to 4 years to attend our Moorditj Kulunga Playgroup. **For more information: Telephone 9459 9695.**

MyTime Parent Group

Join us for some downtime – at no cost! All parents of children with a disability aged below 16 years are welcome. Play leaders will be available to supervise children aged 6 and under.

For more information call the Autism Association on 6380 5500

Child Health Drop In

See the Child Health Nurse for a quick question, get parenting information and support or to weigh their baby. You **do not** need an appointment.

Power of Positive Parenting (crèche available)

Explore how to provide a positive learning environment for your child whilst using assertive discipline. Facilitated by Department of Education.

Raising Resilient Children (crèche available)

Learn about the six core building blocks essential for children to manage their feelings and develop resilience to deal with life stress. Facilitated by Department of Education.

Positive discipline in everyday parenting (crèche available)

Join us over 5 sessions to learn how best to guide your child's behavior and teach them problem solving and conflict resolution skills. Learn how to help you child increase their ability to handle challenging situations and build empathy for themselves and others. Facilitated by Communicare.

Protective Behaviours (crèche available)

Come along and learn skills and strategies to help keep your child safe and empower them to use these strategies, use clear communication and develop an awareness of "safe" behaviours. Facilitated by Department of Education.

Who's The Boss? (crèche available)

Learn about different parenting styles, reflect on your own style and gain some tips on how to set boundaries and limits for your child. Facilitated by Department of Education.

Love Languages for Children (crèche available)

Discover your child's own love language. Learn how to speak your child's love language and communicate your love in ways that they will understand. Facilitated by Anglicare WA.

Mindful Parenting (crèche available)

Join us in learning how to bring mindfulness strategies to your parenting. Facilitated by Department of Education.

Parenting One Moment at a Time (crèche available)

Are you frazzled at the end of the day, waking tired or dreaming about your child free days? Find more joy in parenting and bring calmness and awareness to your role as a parent. Facilitated by Anglicare WA.

Community Cuppa

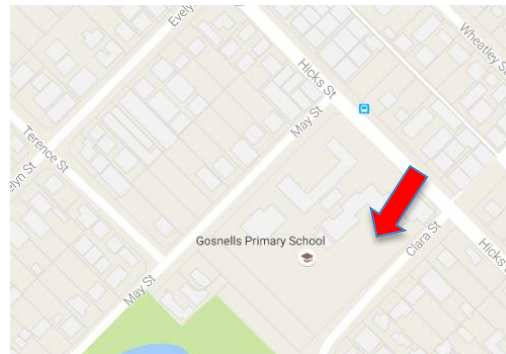
Join us in the Centre to have some time out and connect with your community.

Immunisation Clinics

Immunisation Clinics are offered Wednesday fortnight. Call 6151 1308 to book your appointment.

Park Play

The CPC team join the City of Gosnells for a fun afternoon of games in the Park.



Child and Parent Centre – Gosnells

173 Hicks Street (enter via Clara Street)
GOSNELLS WA 6109

T 08 9398 8720

E CPCGosnells@centrecare.com.au

Child and Parent Centres are a State Government initiative.

Your Child and Parent Centre – Gosnells is run by Centrecare in partnership with Gosnells Primary School.



Child and Parent Centre
Gosnells



Child and Parent Centre – Gosnells

For parents, carers and young children from birth to 8 years old.

In partnership with

